

YOUR SUMMER NEWS

From your Board at the
Lake Country 50+ Activity Centre

What's On



**Canada Day
Celebrations at
Swallowwell Park**

8 am to 12 noon.

**Our Monday morning
Art Group will be
displaying their
creations in our tent.
Drop by and say "Hi".**



Celebrate



Another Great Year

Our AGM on Wednesday June 11th marked another busy year at the Centre! Thank you to all who took time out of their day to attend.

Meet your new Directors:

- *Maggie Graham, Secretary
- *Lolly Prinzen, Director at Large
- *Diana Yandt, Treasurer

Reminder

**SUMMER OFFICE
HOURS**
June 18-Sept.3



**Please note the change.
Wednesdays only
10 am to 2 pm**



SPA TREATMENT COMPLETE!

Our stove has had another busy year with the Tuesday lunches! She's all ready for the first lunch coming on **September 16th.**

**Now for the serious stuff...
we need your help...**

Lolly Prinzen, our Volunteer Co-ordinator is requesting some new volunteers to help with the table/chair set-up and take-down each week. While the cooking team is crucial to the lunch, without people to set-up and take-down the furniture, the lunch activity is at risk of ending. Please contact Lolly for details.
lollyatthecentre@gmail.com

Billiards anyone ??

We now have a keen group who meet on Tuesday evenings 6:30- 9:00 on the lower level.

**If you are interested,
please phone
the Group Leader
John Fargo
250-862-7017**



The entry doors are locked in the evenings, so he needs to know in order to let you in!



Don't forget...

**Duplicate Bridge
is Friday mornings
9 am - 1 pm
in the main hall.**

All are welcome!



Wednesday Morning Exercise

Come September, this popular activity will have a new look. **We're going ELECTRONIC !**

Tracy has relocated but will continue instructing our dedicated participants, live, via our large TV screen. She is a 30+year member of the fitness industry and our members are keen to continue exercising with her, focusing on balance, functional fitness and flexibility.

**Class resumes Wednesday
September 10th.**

8:30 am - 9:30 am

(Tracy will instruct in-person for this first class)

THIS ACTIVITY IS FOR MEMBERS ONLY.

Fees continue at \$60 for 10 weeks. \$8 drop-in/visit.
Registration opens on **Wednesday August 20th.**

**** A minimum of 10 registrants required
for this activity to continue. ****

Have a wonderful
summer
enjoying
this beautiful part
of Canada



PRESIDENT'S REPORT to the AGM June 11, 2025

Another year has come and gone in the life of the Lake Country Seniors Activity Centre! Your Board of Directors, elected last year, have been diligently managing the operations of the Centre during that time.

I'm proud to say that we continue to operate mainly with "volunteer power", with the exception of our wonderful cook, Anne Geis, who runs the Tuesday lunch activity for 9 months a year! For the past two years we hired David French as our Interim cook when Anne took her holidays. Our Yoga and Wednesday Exercise classes are operated by independent instructors.

The summer of 2024 proved to be a costly one for the Activity Centre as several of our major kitchen appliances required repairs, to the tune of approximately \$8,300. This also included cleaning of the stove/ovens. Kitchens are costly to maintain, and we have now allocated \$40,000 as Contingency Funds for kitchen repairs/equipment replacement. Those are restricted funds, should the need arise to purchase replacements. FYI a replacement dishwasher is \$8,900 plus tax and similar for a gas range/stove.

Other annual maintenance includes the upholstery cleaning for our 135 chairs. Between the weekly lunches, church group, crib tournaments plus the other activities, this regular cleaning is critical. The kitchen stove/oven will also be receiving a thorough cleaning by a local company who have provided excellent service.

While the District provides the regular janitorial services, we are now employing the same janitorial company to thoroughly clean the kitchen floor every two weeks. It is imperative to keep that area clean for our Tuesday lunch activity.

In October I gave a PowerPoint presentation at a regular District of Lake Country council meeting. I thanked them for their continued support for our Activity Centre and reported all of the activities that regularly take place in this building. I believe that many of the council members were unaware of how busy the Centre really is! We are no longer 'out of sight-out of mind'.

Last Fall we stepped outside the box and offered evening recreational space to the District of Lake Country, to run their Fall & Spring Ball Room dancing programs, and also Himalayan Sound Bowls program. It has been very successful and easy as we have had no involvement, other than providing space which was not committed to any of our activities. They will be repeating this come September 2025. If you are interested, check out their Fall/Winter recreation calendar.

We have also brought our library up to the main Foyer where it enjoys space as a "Take-a-book, Leave-a-book" station.

In addition to Diana who is our Information Receptionist on Wednesdays and Fridays, Lolly Prinzen is now in that position on Thursdays. Lolly has also taken on the job of Volunteer Co-ordinator for the Tuesday Lunch activity.

At this time last year our Membership was at 457, and we have now grown to 520.

Our website continues to see visitors, with over 595 new users since January. Diana is our tech specialist and keeps the website current.

Your Board is presenting a Special Resolution at this AGM. You will be asked to vote and accept this amendment to our By-laws. It is simply to 'clarify' the meaning of "Auditor" when it appears in our By-laws. Small, registered B.C. societies are not required to have a formal audit but must provide accurate accounting records and financial statements to the members. An audit for non-profit's is when the financial statements are reviewed by a third party to ensure they fairly and accurately represent our financial position. This will be done by an Independent Accounting Practitioner.

You will have read in the accompanying Notification of AGM documents, that we are holding an election for a new Treasurer., Secretary and Director at Large. Our Nominating Committee has endorsed three individuals to run for those positions.

Our Treasurer for the past 3 years, Kevin Bowles, is resigning from that position. When he was re-elected this time last year, it was on the understanding that he would be the treasurer for only one year so that he could return to focusing on his upholstery business. Thank you, Kevin, for your dedication to keeping complete and accurate books and leaving us in such great shape!

By having elections now, for 2-year terms of a Treasurer and a replacement Director, we will be establishing a 'laddering process' with our Executive board. We will no longer be electing/replacing the entire Board every two years but we will now have a portion of the Directors elected every year as their 2-year term is completed. This is a desirable system and will ensure continuity within the Board.

On a final note, thank you to all of our Group Leaders who faithfully collect the activity fees each week. Also thank you to the Tai Chi and Line Dancing instructors and the troop of volunteers who prepare and serve the Tuesday lunches. You are all the heart of the Seniors Centre.

I look forward to the coming year as President and working alongside the Board of Directors who have generously shared their time and knowledge. It is a dedicated and cohesive group! It has been my pleasure to work with all of them.

Our aim is to continue operating the Centre efficiently and always with an eye to adding more activities when possible. By the way... we now have a Billiards group formed who are gathering to play on Tuesday evenings!

That's all she wrote !

Mary-Lou Wightman