



The requirement of 10 registrations has been met!

The **50+ Fitness Class** will be added to the Activity Calendar and classes start on **September 10th** at **8:30am**.

Even though we have the required registrants, we are still welcoming additional participants.

Cost is \$60.00 for 10 pre-paid sessions or \$8.00 drop-in Fee.

Contact the office or email lakecountryseniorscentre@gmail.com to **Reserve Your Spot**.

Payment may be made by etransfer to lakecountryseniorscentre@gmail.com or by cash/cheque by attending the office at the Centre any Wednesday between 10am and 12pm

Let's Get Fit Together



50+ Fitness Class