



## LAKE COUNTRY ACTIVITY CENTRE – MAY 2026 CALENDAR

**ALL ACTIVITIES ARE 'DROP-IN' (except Big Band, Duplicate Bridge, Chair Yoga & Fitness)**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
					Duplicate Bridge: 9am-1pm Tai Chi- Continuing: 1:30-2:30pm Tai Chi- Beg: 2:45-3:45pm LL-AA Meeting: 7-8pm	Quilting: 10am-4:30pm
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
M-PF: 3-5pm M-PF: 6:30-8pm	LC Artists: 9:30am-12:30pm TG/Mahjong: 1-4pm LL-AA Meeting: 7-8pm	Lunch: 11am-1pm LL-AA Meeting: 12pm-1pm Chair Yoga: 4-5pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Fitness: 8:30-9:30am TG/Cards: 9:45am to 1pm Tai Chi- Continuing: 1:30-2:30pm Tai Chi- Beg: 2:45-3:45pm LL-AA Meeting: 7-8pm	M-PF: 6:15-8:30am TG/Scrabble: 9-11:45am L-Billiards: 10-12pm Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm LL-AA Meeting: 7-8pm	Duplicate Bridge: 9am-1pm Tai Chi- Continuing: 1:30-2:30pm Tai Chi- Beg: 2:45-3:45pm LL-AA Meeting: 7-8pm	Quilting: 10am-4:30pm
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
M-PF: 3-5pm	LC Artists: 9:30am-12:30pm TG/Mahjong: 1-4pm LL-AA Meeting: 7-8pm	Lunch: 11am-1pm LL-AA Meeting: 12pm-1pm Line Dancing: 2-3pm Chair Yoga: 4-5pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Fitness: 8:30-9:30am TG/Cards: 9:45am to 1pm Tai Chi- Continuing: 1:30-2:30pm Tai Chi- Beg: 2:45-3:45pm LL-AA Meeting: 7-8pm	TG/Scrabble: 9-11:45am L-Billiards: 10-12pm Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm LL-AA Meeting: 7-8pm	Duplicate Bridge: 9am-1pm Tai Chi- Continuing: 1:30-2:30pm Tai Chi- Beg: 2:45-3:45pm LL-AA Meeting: 7-8pm	Quilting: 10am-4:30pm
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Crib Tournament: 10am-3pm M-PF: 3-5pm M-PF: 6:30-8pm	LC Artists: 9:30am-12:30pm TG/Mahjong: 1-4pm LL-AA Meeting: 7-8pm	Lunch: 11am-1pm LL-AA Meeting: 12pm-1pm Line Dancing: 2-3pm Chair Yoga: 4-5pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Fitness: 8:30-9:30am TG/Cards: 9:45am to 1pm LL-AA Meeting: 7-8pm	M-PF: 6:15-8:30am TG/Scrabble: 9-11:45am L-Billiards: 10-12pm Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm LL-AA Meeting: 7-8pm	Duplicate Bridge: 9am-1pm LL-AA Meeting: 7-8pm	Quilting: 10am-4:30pm LL- PF: 10am-12pm
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Crib Tournament: 10am-3pm M-PF: 3-5pm M-PF: 5:30-8pm	LC Artists: 9:30am-12:30pm TG/Mahjong: 1-4pm LL-AA Meeting: 7-8pm	Lunch: 11am-1pm LL-AA Meeting: 12pm-1pm Line Dancing: 2-3pm Chair Yoga: 4-5pm Yoga: 5:30-6:30pm Bridge: 7-10pm	Fitness: 8:30-9:30am TG/Cards: 9:45am to 1pm LL-AA Meeting: 7-8pm	TG/Scrabble: 9-11:45am L-Billiards: 10-12pm Sewing: 12:00-5pm Yoga: 5:30-6:30pm Big Band: 7-10pm LL-AA Meeting: 7-8pm	Duplicate Bridge: 9am-1pm LL-AA Meeting: 7-8pm	Quilting: 10am-4:30pm
<b>31</b>						
Crib Tournament: 10am-3pm M-PF: 3-5pm M-PF: 6:30-8pm						

*L = Lower level  
LL = Library  
M = Main  
PF = Private Function  
TG = Table Games*

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Located at 9830B Bottom Wood Lake Road, Lake Country V4V 1S7 - Office open Wednesdays and Fridays 10am to 2pm